



JUNE



Mark Your Calendars!
Join CHC at the following
community events!

June 20th 12-3:30 Street Fair –First
Evangelical Lutheran Church-Leechburg

June 26th, 27th, 28th-New Kensington
Community Days-Memorial Park

July 1st 11:30 -Coverage 2 Care Presentation-
Avonmore Senior Center



June 15th to 21st 2015

According to Men's Health Network, "Men are at greater risk of death in every age group." Several of the reasons they list to explain this risk include:

- A higher percentage of men have **no healthcare coverage**.
- Men make $\frac{1}{2}$ as many physician visits for prevention.
- Society discourages **healthy behaviors** in men and boys.
- Men may have **less healthy lifestyles** including risk-taking at younger ages. www.menshealthnetwork.org

Community Health Clinic can help men address these issues and have better health. With the new health care laws many men who previously lacked access to health insurance are now eligible for Medicaid or health insurance through the Marketplace. **(Continued on page 2)**

| | | |
|-------------------|--------------|---------------------------------|
| Medical | 724.335.3334 | 943 Fourth Ave., New Kensington |
| Behavioral Health | 724.335.3334 | 943 Fourth Ave., New Kensington |
| Medical | 724.567.5671 | 179 Columbia Ave., Vandergrift |
| Dental | 724.335.2862 | 947 Fourth Ave., New Kensington |

Free! No Obligation!
Health Coverage Options
Clinic

Wednesday July 8th

11:00am-7:00pm

Community Health Clinic Vandergrift

179 Columbia Avenue

Vandergrift

724.567.5671

Find out if you qualify for Marketplace, Medicaid, CHIP, or VA Health Coverage. To schedule an appointment with our Certified Application Counselor Call 724.889.2783



Veteran's Benefit Clinic

Thursday July 23rd, 2015

10:00am– 2:00pm

Community Health Clinic
179 Columbia Avenue, Vandergrift

Douglas Mosley, National Service Officer from the Military Order of the Purple Heart will assist veterans, their spouses and dependents with claims for compensation, pension, survivors benefits, death benefits, accessing military records and discharge upgrades. **Pass the word! Call 724.889.2783 for details**

You're Invited!

Join us in
celebrating the
50th



Anniversary of
Community Health Centers
as part of **National Health**
Centers Week.

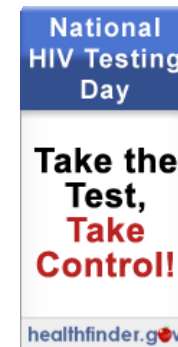
August 10-14 2015

Check our July Newsletter for
details of the week's events!

June 27th 2015 is

HIV Testing Day

According to healthfinder.gov 1 in 7 people living with HIV are unaware they are infected. Community Health Clinic offers HIV testing. Call today to schedule your test. HIV Testing at CHC is free!



724.335.3334 New Kensington
724.567.5671 Vandergrift



JUNE



National Fireworks Safety Month
June 1 to July 4th

“Prevent Blindness America warns that there is no safe way for nonprofessionals to use fireworks. It is only safe to enjoy the splendor and excitement of fireworks at a professional display.

According to the U.S. Consumer Product Safety Commission, fireworks are involved in thousands of injuries treated in U.S. hospital emergency rooms each year. Most fireworks injuries occur in the month surrounding July 4th. The best defense against kids suffering severe eye injuries and burns is to not let kids play with any fireworks.” www.preventblindness.org

These six steps can help save your child's sight.

- **Do not rub the eye.** Rubbing the eye may increase bleeding or make the injury worse.
- **Do not attempt to rinse out the eye.** This can be even more damaging than rubbing.

(Continued in next column)

Connect with us on Social Media



(Fireworks continued)

- **Do not apply pressure to the eye itself.** Holding or taping a foam cup or the bottom of a juice carton to the eye are just two tips. Protecting the eye from further contact with any item, including the child's hand, is the goal.
- **Do not stop for medicine!** Over-the-counter pain relievers will not do much to relieve pain. Aspirin (should never be given to children) and ibuprofen can thin the blood, increasing bleeding. **Take the child to the emergency room at once** - this is more important than stopping for a pain reliever.
- **Do not apply ointment.** Ointment, which may not be sterile, makes the area around the eye slippery and harder for the doctor to examine.
- **Do not let your children play with fireworks,** even if his/her friends are setting them off. Sparklers burn at 1800 degrees Fahrenheit, and bottle rockets can stray off course or throw shrapnel when they explode. For more information go to www.preventblindness.org

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Men’s Health Week (Continued from page 1)

Community Health Clinic also offers a sliding-fee scale for those without insurance or who are underinsured. With the new health care laws most insurances must cover many preventative services at no charge.

Our medical staff and wellness team are able to counsel men on how to avoid risky behaviors and live a healthier lifestyle.

To find out if you qualify for Medicaid or other health coverage call our certified application counselor at **724.889.2783**

To schedule a medical or wellness appointment call **724.335.3334** in New Kensington or **724.567.5671** in Vandergrift. Call today for a healthier tomorrow!

Are you unemployed or facing unemployment in the near future?
You have health coverage options!

- COBRA-keep your old insurance for up to 18 months. Usually, very expensive.
- Marketplace Insurance-usually less expensive than COBRA
- Medicaid– Pennsylvania has expanded Medicaid you may qualify even with unemployment
- Community Health Centers– Sliding Fee Scale

Contact our certified application counselor for free assistance exploring your options.
 724.889.2783